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KOSHER PRODUCTS IN SRI LANKA

1st addition – January 2008

This is the first attempt to put together an extensive list of Kosher products that are available in Sri Lanka. If you have any questions or comments, or if you find any Kosher product not mentioned in the list, please let us know, so we can update the list.

For more information please contact us.

- Every product bearing a kosher symbol such as (OU, OK etc.) or under a specific rabbinical supervision is under their responsibility.
- Products preceded by **(D)** contain milk and are **not Chalav Israel**.
- If a certain product is Kosher, it does not mean that other products of the same company are Kosher.
- If a certain product has a Kosher symbol or rabbinical supervision, it does not mean that the **same** product without the symbol or supervision is Kosher. Some ingredients may vary.
- All of these products are Kosher for the whole year but **not for Pesach**, unless otherwise mentioned.
- Some of the products may be found almost everywhere. Others may be found at Keels supermarket, Colpitiya Market, Arpico and other big supermarkets (mostly in Colombo).
- Mehadrin (Glatt Kosher) is the highest level of Kosher supervision (higher than the basic level). Mehadrin Products are marked by star in the last column.

Part 1: Kosher products without supervision

PRODUCT	NAME / BRAND	ADDITONAL COMMENTS	MEHADRIN
Vegetables	All kinds of fresh vegetables	Must be checked for worms! Specially: zucchini, egg-plants and green leaves	*
	Frozen	With no additions and not precooked	*
Fish		Whole and fresh only, with fins and scales. Must be checked from worms	*
Drinks	Coca Kola		
	Fruits drinks	Only if contain 100% juice without any additional ingredients. Must not contain	*

		grapes.	
	Mineral waters		*
	Sprite		
Tea	Black and Green tea		*
Coffee		100% coffee without any additions	*
Spices		without any additions (oil etc.), and from a factory that produce vegetarian spices only	*
Vodka		Without flavors	*
legumes		Must be checked from worms after inducing in water	*
Tahini		From sesame only and from a factory that produces Thaini only	*
Bread	Only from the Chabad House		*
Milk	Chalav Israel Only from the Chabad House		*
Meat	Only from the Chabad House		*
Eggs	No restrictions	Must be checked for blood. Preferably white eggs	*
Flour	No restrictions	Must be sifted with a silk net	*
Sugar	No restrictions		*
Salt	No restrictions		*
Rice	No restrictions	Must be checked carefully for worms	*
Pasta	All kind of Italian pasta	Must contain only flour and water (NO EGGS)	*
Baking powder	From acids only with no additions		

Part 2: Under supervision

PRODUCT	NAME / BRAND	ADDITIOINAL COMMENTS	MEHADDRIN
Mayonnaise	KRAFT	With OK symbol	*
Ketchup	KRAFT	With OK symbol	*
Mustard	KRAFT	With OK symbol	*
Vinegar	HEINZ	With OU symbol	
Olive oil	LUPI	With OU symbol	*
Cereal	SANITARIUM	Only: Bran Bix, Cornflakes, Good Start, Granola, Honey Weets, Lite-Bix, Puffed Wheat, Weet Bix, Weet Bix Hi-Bran, Weet Bix Hi-Bran with Soy and Linseed, Wheat Germ	
Cheese	Light PHILADELPHIA Reduced-Fat Cream Cheese	(D) Block form only	
	PHILADELPHIA Cream Cheese	(D)	
Sauces	HEINZ - Big Red Tomato Sauce Tomato Ketchup	All products listed in this food classification labeled: "PRODUCT OF AUSTRALIA", "PACKED IN AUSTRALIA" or "MADE IN AUSTRALIA" or "MADE IN AUSTRALIA using local &/or imported ingredients" are acceptable. "PACKED FOR AUSTRALIA" is NOT acceptable.	
	HEINZ - Tomato Sauce Light		
Tinned	SPC: Apple – Chunky	The following products with ink-jet	

Fruits	Sauce, Apple – Smooth Sauce, Apricot – Sauce, Apricot – Smooth Sauce	“E29” on base or lid of can are NOT acceptable: NOTE: Those products in cans that have the code embossed on the lid or base of the can and do not have the number “E29” printed on them, are acceptable.	
	ARDMONA: FRUIT IN SYRUP: Apricots Halves Fruit Cocktail NOT 400-450g sizes Fruit Salad NOT 400-450g sizes Peach Diced NOT 400-450g sizes Peach Halves Peach Slices Pear & Peach Quarters Pear Diced NOT 400-450g sizes Pear Halves Plums Two Fruits NOT 400-450g sizes		<i>Products without inkjet E29 are of Mehadrin standard.</i>
	ARDMONA: FRUIT IN FRUIT JUICE: Apricots Halves Fruit Cocktail NOT 400-450g sizes Fruit Salad NOT 400-450g sizes Peach Diced NOT 400-450g sizes Peach Halves Peach Slices Pear Diced NOT 400-450g sizes Pear Halves Pear Slices Two Fruits NOT 400-450g sizes		
	ARDMONA: PIE-FRUIT: Apple Pie Apricot Pie Diced Peach Solid Pack NOT 400-450g sizes Diced Pear Solid Pack NOT 400-450g sizes Peach Pie		
Tomato sauce	SPC: Crushed Tomato Mix, Tomato Puree		
Honey	CAPILANO	Imported from Australia	*
Tea	DILMAH	All flavors except: Vanilla, Caramel, Rosehip, Naturally Tangy Lemon, Naturally Spicy berry and Oolong	
Jams	HERO	With OK symbol	
Tuna Cans	GREENSEAS	With OU symbol	

Oil	SUNBEAM oil	Made in Singapore	*
	N-JOY		*